



Anti-bullying Policy

**Approved by: Finance,
Premises and
Personnel Committee**

Anti-bullying

Date:

Next review due by:

November 2027

Signed Headteacher:

Date:

Signed CoG:

Date:

This policy has been reviewed from informal discussions with staff, parents and all children through class and school council meetings. It has also been adapted in light of feedback from the LA to ensure it is compliant with LA guidance.

This policy will continue to be adapted in the light of responses to annual child, parent and staff questionnaires.

Any changes are referred to the governing body.

Statement of Belief

We do not have a big problem with bullying at our school but in common with all schools, incidents do occasionally arise and we believe we have effective policy and practice that enables us to deal with issues quickly. We regularly reflect on what we do and seek to remove all barriers to learning for all children. At Kobi Nazrul Primary School we believe that all pupils have the right to be safe, to be valued and not physically or verbally abused. Bullying of any kind is unacceptable in our school and will not be tolerated. If bullying does occur pupils should be able to tell and feel assured that it will be dealt with promptly and effectively.

Aims

- To promote a safe and secure environment free from all kinds of bullying behaviour; both in person and online
- To create a caring community where we all have a responsibility to respect ourselves and others
- To make the members of our school community aware of what bullying is and isn't the kinds of behaviours that constitute bullying
- To make members of our school community aware of the strategies and procedures to follow if bullying does take place

Allegations about bullying of pupils by staff will be dealt with under the school's Safeguarding Policy.

This policy has links to the following policies and procedures:

- Behaviour policy
- Acceptable use policy (internet safety)
- Safeguarding/child protection policy
- Complaints procedure
- Equality statement and objectives
- Health and Safety policy
- PSHE / RSE policy
- Data protection

Context

Kobi Nazrul is a single form entry school in East London. It has a strong community ethos with an inviting atmosphere.

Headteachers have a legal duty under the Schools Standards and Framework Act 1998 to draw up procedures to prevent bullying among pupils and to bring these procedures to the attention of staff, parents and pupils. Under the Education Inspections Bill 2006, the duties are extended to include preventing/responding to bullying that happens outside school, where it is reasonable to do so. School also have a duty to 'safeguard and promote the welfare of pupils' (Education Act 2002) and to ensure that children and young people are safe from bullying and discrimination (Children Act 2004). Government guidance advises that the policy should also address the bullying of staff by pupils ('Safe to learn' DCSF 2007).

Definitions of Bullying (although there is no legal definition)

'Behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group either physically or emotionally'. **Department for Children, Schools and Families (2007), Safe to Learn**

'The repetitive, intentional hurting of one person by another, where the relationship involves an imbalance of power. Bullying can be carried out physically, verbally emotionally or through cyberspace.'

Anti-Bullying Alliance

Such actions or behaviours might include:

Physical: *pushing, hitting, kicking, taking belongings, demanding money or possessions as payments for safety or friendship*

Verbal: *name calling, insults, sarcasm, persistent teasing, making offensive remarks, sending abusive messages online*

Emotional: *threatening harm, humiliation, exclusion from social groups or activities, spreading malicious stories or rumours, 'ganging up'*

Discriminatory: *exclusion or teasing because of special educational needs, aptitude, gender, sexual orientation or physical difference*

Racist: *racist name calling or insults (e.g. against food, music, dress or custom) offensive mimicry, racist jokes, refusing to co-operate in work or play*

Sexual: *looks and comments about appearance or attractiveness, inappropriate touching or physical contact, refusing to co-operate in work or play*

Identifying Bullying

Pupils who are being bullied may not report it. However, there may be changes in their

behaviour, such as **becoming shy and nervous, feigning illness, taking unusual absences or clinging to adults**. There may be evidence of **changes in work patterns, lacking concentration or truanting from school**.

Adults should be aware of these possible signs **(although not limited to these)** and investigate further if a child:

- is frightened of walking to or from school
- begs to be driven to school
- changes their usual routine/route to school
- is frequently absent
- becomes withdrawn, anxious or lacking in confidence
- feels ill in the morning
- begins to underperform in school work
- has unexplained cuts or bruises
- becomes aggressive, disruptive or unreasonable
- starts swearing or using aggressive language for no apparent reason
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- changes their attitude to phone/internet use
- becomes secretive regarding phone/internet use
- gives improbable excuses for any of the above

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be taken seriously and investigated as soon as possible. (See: Safeguarding policy)

Online bullying:

Online bullying (also called cyberbullying) is the use of digital devices, websites, or apps to harass, hurt, or upset others. It can take many forms, including:

- Sending hurtful or threatening messages
- Posting mean or embarrassing pictures or videos
- Spreading lies or rumours about someone
- Excluding others from online groups or activities
- Impersonating someone online to harm their reputation

What We Will Do to Prevent Online Bullying

- **Education and Awareness:** We will educate students about online safety, kindness, and the effects of bullying. This will be done through lessons, assemblies, and activities focused on digital citizenship and respectful online behaviour.
- **Encourage Positive Online Behaviour:** We will encourage students to think before they post, ensuring they understand the importance of being kind, respectful, and responsible online (particularly during computing lessons).
- **Promote Reporting:** Our systems are clear but through lessons and assemblies we will promote the importance of speaking up about online bullying; even if it is happening outside of school time

What Students Can Do

- Be Kind Online: Treat others with respect and kindness in both in-person and online interactions.
- Speak Up: If you or someone you know is being bullied online, tell a trusted adult or use our school's reporting tool.
- Protect Yourself: Be careful about what you share online and who you communicate with. Remember, once something is shared, it can be hard to take back.

What Parents Can Do

- Monitor Online Activity: Stay informed about your child's online activities and ensure they are using technology in a safe and responsible way.
- Encourage Open Communication: Talk regularly with your child about their online experiences and encourage them to come to you if they encounter any issues.
- Support the School: Work with the school to address any concerns about online bullying and reinforce positive online behaviour at home.

Conclusion

Online bullying can be hurtful and harmful, but together we can create a safe environment where everyone feels respected. By working with students, parents, and the community, we are dedicated to preventing online bullying and supporting those affected by it.

Strategies

Bullying will not be tolerated at Kobi Nazrul Primary School and all known incidents will be investigated and dealt with by a member of staff. Incidents cannot be dealt with if they are not known, so ANYONE who knows that bullying is happening has a responsibility to tell the staff. We want to be a TELLING school. Everyone at Kobi Nazrul should know that they have a duty to help stop bullying. They are expected to talk about bullying behavior and understand that this is the way to keep everyone safe. If the child cannot tell for themselves, other pupils or parents should tell a teacher. We hold regular assemblies to promote our anti-bullying strategies and policies. We teach children what to do if they are worried or concerned. We teach children to develop self-confidence and strategies that will help them develop positive behaviours and friendships. (See behaviour policy) Staff training on developing positive behaviours and anti-bullying is included in our Continuing Professional Development plan.

Our curriculum is inclusive and supports children to know and understand what it means to be inclusive. There are many opportunities within the curriculum to celebrate difference. Our PSHE, Jigsaw scheme is one of these.

Staff at Kobi Nazrul Primary will:

- Listen to what children and their families tell us
- Investigate incidents thoroughly
- Take action to prevent further incidents
- Use appropriate sanctions

- Encourage and support the bullied child to be assertive and express their feelings to the bully
- Reassure bullied children that it is not their fault
- Discuss with parents of both bullying and bullied children
- Monitor incidents of bullying
- Ensure there is appropriate support in place for anyone who is a 'victim' of bullying

Incidents that cannot be satisfactorily resolved or that recur should be referred to the Deputy Headteacher or Headteacher for further action. All incidents of bullying should be reported to the Deputy Headteacher or Headteacher for monitoring.

In extreme cases, repeated incidents or lack of co-operation children may be suspended or excluded.

We believe that every child deserves a safe space to learn, grow, and thrive—both online and offline.

Monitoring and review

This policy is agreed by staff and governors and reviewed every three years and made available to parents.

Services/help organisations

- KIDSCAPE Parents Helpline 0845 120 5204
 - Childline - 0800 11 11
 - Bullying online www.bullying.co.uk
 - Beatbullying www.beatbullying.org
 - Anti-bullying Network www.antibullying.net
- [Anti-Bullying Alliance www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)